

**When H.S. sees Zendo is ready, the densho is struck; H.S. and Meal Attendant bow and enter with Buddha meal offering. When they are done:**

**Clap**

**All Chant:** Buddha was born at Kapilavastu  
Enlightened at Magadha  
Taught at Paranasi  
Entered Nirvana at Kusinagara  
Now I open Buddha Tathagata's eating bowls  
May we be relieved from self-clinging with all sentient beings.

**Bow, touching bowls to head, then open and set out utensils.**

**Clap**

**Ino:** *In the midst of the Three Treasures  
With all sentient beings  
Let us recite the names of Buddha:*

**Clap**

**All:** Pure Dharmakaya Vairochana Buddha  
**Clap** Complete Sambhogakaya Vairochana Buddha (**servers enter**)  
**Clap** Numerous Nirmanakaya Shakyamuni Buddhas  
**Clap** Future Maitreya Buddha  
**Clap** All Buddhas through space and time  
**Clap** Mahayana Sadharma Pundarika Sutra  
**Clap** Great Manjusri Bodhisattva  
**Clap** Mahayana Samantabhadra Bodhisattva  
**Clap** Great compassionate Avalokitesvara Bodhisattva  
**Clap** All Bodhisattva Mahasattvas  
**Clap** Maha Prajna Paramita.  
**Clap**

**Ino (at breakfast):** *This food comes from the efforts of all sentient beings, past and present, and its ten advantages give us physical and spiritual well-being and promote pure practice.*

**Ino (at lunch):** *We offer this meal of three virtues and six tastes to the Buddha, Dharma, and Sangha, and to all the life in the Dharma worlds. (Ino waits until all are served.)*

**Clap**

**All:** This food is the gift of the whole universe, the earth, the sky, and much hard work;  
**(bow, using shashu mudra, then continue in dhyana mudra)**  
May we transform our unwholesome state of mind, especially our greed.  
May we take only foods that nourish us and prevent illness.

We accept this food so that we may realize the path of practice.

**Ino** (lunch only): *All those of the spiritual world, now I give you this offering. This food will pervade everywhere.* (**Everyone places a pinch of food on tip of setsu handle**)

**Clap** First, this food is for the three treasures. (**hands in gassho**)  
Second, it is for our teachers, family, friends, and communities. (**bow, placing utensils in bowls**)  
Third, it is for all living things throughout the universe.  
Thus we eat this food with everyone, (**Raise Buddha bowl to eye level**)  
We eat to stop all evil,  
To practice good,  
To save all sentient beings,  
And to accomplish our Buddha Way. (**Bow, take bite from Buddha bowl**)

**When finished eating, wait for teacher to begin bowl cleaning. When bowls are cleaned and washed, servers bring bowls to collect wash water. All chant as follows:**

**All:** The water with which I wash these bowls tastes like ambrosia.  
I offer it to the various spirits to satisfy them.  
Om, Makurasai Svaha!

**Empty wash water from last bowl, then dry and nest it. Move bowls to center of wrapping cloth and tie with lotus knot.**

**Clap** **Everyone gasshos.**

**Ino:** *May we exist in muddy water with purity like a lotus.  
Thus we bow to Buddha.*

**Lifting bowls to touch head, all bow.**

**2 Claps** **Stand, lifting bowl to eye level. Teacher leaves.**

**Inkin Bell:** **ching**

**Drum:** **Duh-DUM. All bow to the left.**

**Inkin Bell:** **ching**

**Drum:** **Duh-DUM. All bow to the right.**

**Bell:** **ching**

**Drum:** **(Proceeds into a roll, ends with Duh-DUM)**

**2 Bells:** **Everyone bows to center, then files out to put bowls in gaitan.**